

Tocopherol (Vitamin E)

You have shown a positive allergic reaction to **Tocopherol (Vitamin E)**. You should avoid any contact with this substance. Information about this substance is below.

What is it?

Vitamin E occurs naturally in most vegetable oils. The highest concentrations are found in corn, soybeans, sunflower seed, wheat germ, rapeseed, alfalfa, and lettuce. It is also sometimes use as an antioxidant in foods.

How can I avoid it?

Skin contact with Tocopherol is required for it to cause a rash. Discontinuation of exposure to products containing Tocopherol should result in improvement and/or resolution of your dermatitis. By law, all products made in the US for topical use, have the ingredients listed either on the product package or the box that contains it. Check the labeling of your skin care products for this ingredient. If there is not information, ask your pharmacist. At work, request a Material Safety Data Sheets.

Uses:

- Aftershave lotions
- Baby products
- Wipes
- Skin Care Products / Cosmetics
 - Antiperspirants / Deodorants
 - Hair sprays, gels, tonics, lotions, and mousse
 - Hair Colorants / "Permanents-Relaxers"
 - Make-ups
 - Lotions / Creams
 - Nail Polish / Nail Polish Remover
 - Powders / Sprays
 - Shampoos / Conditioners
 - Shaving products
 - Soaps, Bar and Liquid Soaps
 - Sunscreens and Self-Tanners
 - Fragrance
 - Toothpastes, Mouthwash & Breath Fresheners
 - Feminine deodorants/douches
- Medications, topical, prescription and over the counter such as
 - Anesthetics
 - Topical Antifungals
 - Topical Cold Sore Treatments
 - Antiseptics
 - Creams, Ointments, Solutions
 - Foot And Other Powders
 - Nasal Decongestants
 - Herbal remedies, including Traditional Chinese Medications
 - Wound Dressings
 - Scar treatment
- Foods
 - Breakfast cereals
 - Vegetable oils
 - Corn, soybeans, sunflower seed, wheat germ, and lettuce

Other names for tocopherol:

- D-Alpha-Tocopherol
- dl-alpha-Tocopherol
- DL--Tocopherol
- Mixed Tocopherols
- Natural Vitamin E
- Vitamin E
- gamma tocopherol
- TCP